

A Lifetime of Being Active Can Begin on the Way to School

Walking and bicycling to school is a great way to make physical activity a part of the daily routine. It's a healthy habit for the whole family.



Safe Routes to School

is a national initiative to make routes safer for all children to walk and bicycle to school.

Why?

Because walking and bicycling to and from school offers our children and our environment a wide range of benefits including:

- less roadway congestion
- less gasoline consumption
- cleaner air
- healthier and happier children
- more lively and engaged communities

We can help!

The NJ Safe Routes to School Resource Center helps communities find solutions to creating safer walking and bicycling environments for our children.

For more information check the online resources offered by the NJ Safe Routes to School Resource Center at <http://saferoutesnj.org>

- Visit our blog "Safe Routes Scoop"
- Get advice
- View tools and resources

Goal

To get more students walking and biking where it is safe and, where it is not safe to walk and bike to school, to make it safe.



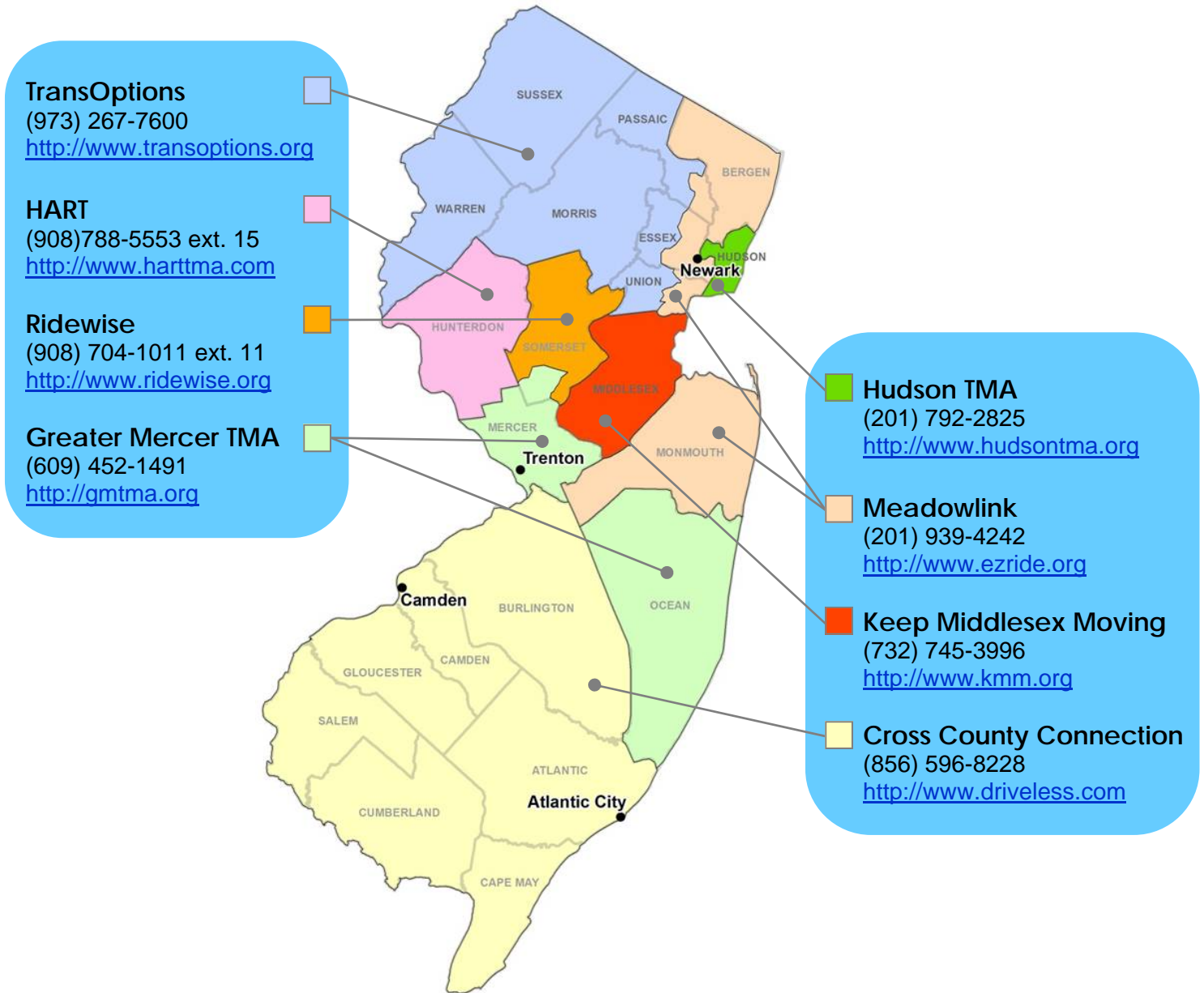
NEW JERSEY
**SafeRoutes
to School**



Contact

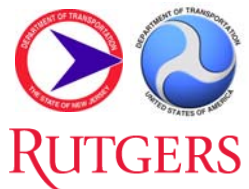
NJ Safe Routes to School
Resource Center
srts@ejb.rutgers.edu
or (848) 932-7901

Find Your Regional Coordinator



Regional Coordinators can help with:

- Walk and bike to school events
- Walking school bus programs
- Youth bicycle and pedestrian education
- School travel plans
- Surveys that provide evaluation and feedback on local programs



In partnership with New Jersey's Safe Routes to School Resource Center, Regional Safe Routes to School Coordinators at the state's eight Transportation Management Associations are ready and willing to offer advice and assistance in getting Safe Routes to School programs off the ground in communities in all 21 counties.