BRAIN RECIPE

By Diana Starace, SafeKids Middlesex Co.

Ingredients:

Jello, 1 large package of lime flavor

Jello, 1 large package of peach or watermelon flavor

1 can NONFAT evaporated milk

water

measuring cup

2 medium bowls

1 large bowl

brain mold
(http://www.amazon.com/Fun-World-Costumes-Brain-Gelatin/dp/B000XEX8IE)

cooking oil or non-stick kitchen coating spray

Directions:

Set the brain mold upside down in its stand and spray with non-stick kitchen spray, or pour some cooking oil into it, swirl around, and pour it off and discard. (It doesn't matter if the mold ends up very oily; most of this will later rise to the top.) Make the two packages of Jello separately, following the directions on the package, boiling water and all, except use a cup less water in each recipe. Let the two batches of Jello cool in the two large bowls for half an hour or so. Then, while stirring, add the can of nonfat evaporated milk to one of the Jello bowls, and pour this mixture into the VERY large bowl. After this is done and all stirred in, begin to add the other flavor of Jello to the very large bowl, while stirring constantly. Pour the contents of the very large bowl into the brain mold, and refrigerate overnight. To unmold, partly immerse the mold in a bowl of warm water for a few seconds and jiggle the whole thing, then upend it onto a plate, and there you are! You may need to run a knife along the top edge to loosen the Jello.