The Three Be’s

Be Responsible
- Being aware of how your actions affect other people and yourself

Be Predictable
- Allow others to know what your next actions will be.

Be Responsible
1. BIKE ABC’s
2. Always wear your helmet

Be Predictable
1. Ride Straight
2. Use your hand signals
Be Visible

Obvious to the eye; something that can be seen.

Be Visible

1. Wear bright colors
2. Use reflectors and lights

The Three Be’s

CALL AND RESPONSE

YELL out the words you see in red!

Be Responsible: Wear your helmet and perform the BIKE ABC’s

RESPONSIBLE

THINK
Be predictable: Communicate and Signal

Be Visible: Lights and bright clothing

PREDICTABLE

SHOW

VISIBLE

SEEN

EYES

EARS

MOUTH
BIKE ABC's

Air
Chain
Brakes

Helmet
Fit

Point
Signal

Signal LEFT, RIGHT, and STOP

STOP
LEFT
RIGHT
Lock your bike properly

Let’s watch a movie!