



Hoboken, NJ



Chesterfield, NJ



Madison, NJ



New Brunswick, NJ

New Providence, NJ



Garfield, NJ

ADOPT A COMPLETE STREETS POLICY

SUSTAINABLE JERSEY - 10 points



What are Complete Streets?

- ❖ All roadways are designed, built & maintained for all travelers.
- ❖ Streets serve pedestrians, bicyclists, transit users of **all ages & abilities** in addition to motor vehicles.
- ❖ Safe & desirable bicycling & walking environments
- ❖ Promote healthy lifestyle.
- ❖ Provide opportunities to vulnerable populations including low-income groups, seniors & children

Adopting a Complete Streets Policy

- ❖ Formalizes a community's intent to plan, design, operate & maintain streets for all users





Leadership & Involvement

- ❖ Mayor
- ❖ Governing Body Representatives
- ❖ Planning & Zoning Board
- ❖ Environmental Commission
- ❖ Public Health Officer/Professional
- ❖ Transportation & Housing Agencies
- ❖ Redevelopment Agency
- ❖ Businesses
- ❖ Zoning Office Representative
- ❖ Municipal Police
- ❖ Fire, Engineering, Planning, Public Works, Recreation, Parks & Finance Dept.
- ❖ Non-profit organization or citizen/resident group



Sustainable Jersey: Adopt a Complete Streets Policy [10 Points]



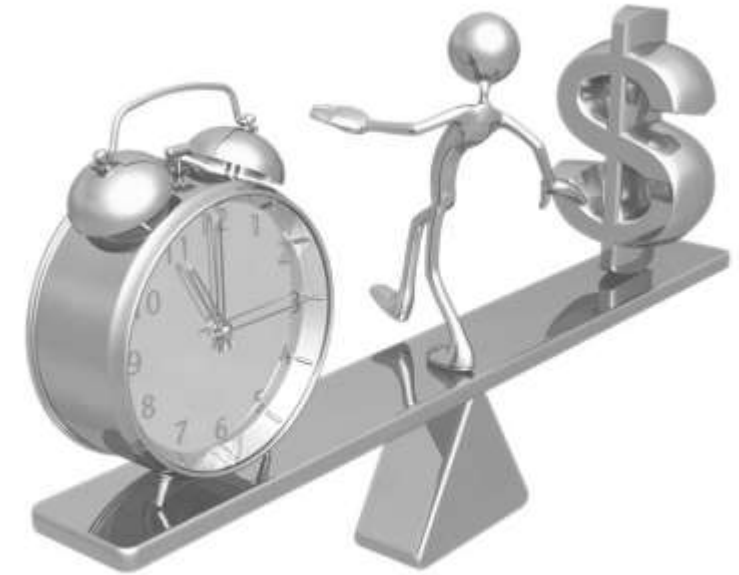


Timeline For Policy Implementation

- ❖ Approximately 2-6 Months

Project Cost & Resource Requirements

- ❖ Low cost
- ❖ Staff & volunteer tasks include:
 - ❖ Development & adoption of policy
 - ❖ Maintenance & procedures commitment





Adopting a Complete Streets Policy – Requirements

- ❖ The governing body must adopt a complete streets policy by resolution or ordinance.
- ❖ The resolution must reflect **all** of the items listed below to earn **10 points**:
 1. State an intent to plan, design, build & maintain all roads to meet the needs of all users.
 2. Specify that “all users” include pedestrians, bicyclists, transit & motorists of all ages & abilities.
 3. Commit to create a comprehensive, integrated, connected multi-modal transportation network within the community.
 4. Recognize the need for flexibility in that all streets are different; user needs must be balanced & fit into the context of the community.
 5. Apply to both new & retrofitted projects.



Adopting a Complete Streets Policy – Requirements (continued)

6. Include the **following 8 statements** which acknowledge the potential benefits of complete streets:

“Whereas, complete streets have the potential for improving physical & mental health either directly or indirectly in the following ways:

- 1) Incorporating physical activity into our daily lives by increasing pedestrian activity & bicycle use
- 2) Reducing rates of several chronic diseases related to increases in physical activity from walking & bicycling. Key impacted diseases include diabetes, heart disease, depression, & some cancers
- 3) Reducing rates of injury & death from decreased traffic crashes & improved road safety for all users
- 4) Reducing rates of asthma & other respiratory issues due to improved air quality through emissions reductions & vegetative air filtration



Adopting a Complete Streets Policy – Requirements (continued)

6. Include the **following 8 statements** which acknowledges the potential benefits of complete streets (cont.):
 - 5) Multiplying health & wellness benefits resulting from improved access to necessary amenities for vulnerable populations
 - 6) Reducing risk of illnesses related to water-borne pathogens from improved storm water infiltration
 - 7) Increasing the sense of social connectivity & sense of community belonging
 - 8) Improving aesthetics through decorative & functional vegetation
7. The implementation section of the policy must articulate the intent of the community to consider public health during planning & design program phases.



Adopting a Complete Streets Policy – Recommended Process

❖ Municipality Initiated Effort:

1. Meet with officials and staff to discuss current roadway construction & maintenance policies & how best to adapt them to the Complete Streets approach.
2. Decide what type of Complete Streets Policy would best meet community's needs.
3. Draft & adopt policy through resolution by the governing body with input from working group and public, including, at a minimum, the basic 8 elements listed under the requirements section.
4. Upload the adopted resolution indicating the date of adoption by the municipal government.
5. Inform all municipal agencies & professionals of the adoption of the Complete Streets Policy & provide a copy of the adopted policy.



Adopting a Complete Streets Policy – Recommended Process

❖ Advocate-Initiated Process:

1. Encourage the governing body to adopt a Complete Streets Policy by requesting participation in the process & attending municipal meetings.
2. Work with municipal officials to discuss current roadway policies & decision-making structures & how best to adapt them to the Complete Streets approach.
3. Draft a policy that can be adopted by resolution or ordinance that includes the basic elements listed under the requirements section, preferably alongside staff & consultants.
4. Continue to work toward adoption of the Complete Streets Policy, being diligent about meeting attendance & suggesting additional ways to strengthen local policies in favor of Complete Streets.
5. Monitor proposed state, county & local construction projects, writing as needed to NJDOT, state legislators, county planning boards & county engineers to ensure that the Complete Streets approach is utilized.



Documentation Submission Requirements to Sustainable Jersey:

1. Description of Implementation - provide a short narrative (300 words or less) of what has been accomplished & the impact it has or will have on the community.
2. The Complete Streets Policy the governing body adopted by resolution including the required 8 elements including date of adoption.
3. Evidence that the adopted policy was distributed to all municipal departments (email, memo, meeting minutes, etc.)



Quick tips for Adopting a Complete Streets Policy

- ❖ Submit documentation that your policy was distributed to all municipal departments.
- ❖ Include a maintenance commitment in your resolution (for new and retrofit projects).
- ❖ Health language is new and prescriptive.
- ❖ Create a Complete Streets workgroup including health professionals.
- ❖ If the policy is more than 3 years old, be sure to update and re-adopt with new language using the Sustainable Jersey action.
- ❖ Sample policies can be found on the NJ Bicycle and Pedestrian Resource Center website (njbikeped.org), however not all policies listed meet Sustainable Jersey requirements.



Adopt a Complete Streets Policy – Spotlight Gibbsboro, Winslow and Voorhees Township

2016-5-81

RESOLUTION TO ADOPT AND ESTABLISH A COMPLETE STREETS POLICY FOR THE BOROUGH OF GIBBSBORO

WHEREAS, Complete Streets describe a comprehensive, integrated, connected and multi-modal transportation network with infrastructure and design that allow safe and convenient travel along and across streets for all users, including pedestrians, bicyclists, transit vehicle users, emergency responders, motorists, and people of all ages and abilities ; and,

WHEREAS, complete streets have the potential for improving physical and mental health either directly or indirectly in the following ways:

1. Incorporating physical activity into our daily lives by increasing pedestrian activity and bicycle use.
2. Reducing rates of several chronic diseases related to increases in physical activity from walking and bicycling. Key impacted diseases include diabetes, heart diseases, depression and some cancers.
3. Reducing rates of injury and death from decreased traffic issues due to improved air quality through emissions reductions and vegetative air filtration.
4. Reducing rates of asthma and other respiratory issues due to improved air quality through emissions reductions and vegetative air filtration.
5. Multiplying health and wellness benefits resulting from improved access to necessary amenities for vulnerable populations.
6. Reducing the risk of illnesses related to water-borne pathogens resulting from improved stormwater infiltration.
7. Increasing the sense of social connectivity and sense of community belonging.
8. Improving aesthetics through decorative and functional vegetation.

What they submitted for points:

- ❖ Incorporated physical & mental health language
- ❖ Statement that all planning & design studies shall consider public health
- ❖ Committee members that includes health professionals
- ❖ How CS policy meets Master Plan goals
- ❖ Complete Streets Checklist

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Adopt a Complete Streets Policy – General Resources

- ❖ Active Living Resource Center, Complete Streets Fact Sheet

<http://www.smartgrowthamerica.org/complete-streets/complete-streets-fundamentals/factsheets>

- ❖ APA Complete Streets Best Practices Manual (page 8 of 11; 5 June 2015)

<http://www.completestreets.org/resources/complete-streets-best-practices/>

- ❖ Complete the Streets for Smart Growth

<http://www.smartgrowthamerica.org/complete-streets>

- ❖ NJDOT - Making Complete Streets a Reality: A Guide to Policy Development

<http://www.state.nj.us/transportation/eng/completestreets/pdf/cspolicydevelopmentguide2012.pdf>

*** Please note these resources do not necessarily meet the requirements for SJ requirement.**



Adopt a Complete Streets Policy – Health Resources

- ❖ Health in all Policies for Complete Streets:

- ❖ A Health in All Policies Approach Complete Streets, HNH Foundation, December 2014

- http://www.nashuarpc.org/files/3014/2184/6127/Final_HiAP_Dec2014_wApp.pdf

- ❖ City of Atlanta Bike Share Health Impact Assessment

- <http://www.pewtrusts.org/en/~media/Assets/External-Sites/Health-Impact-Project/AtlantaBikeshareHIAReport>

** Please note these resources do not necessarily meet the requirements for SJ requirement.*