

SCHOOL TRAVEL PLAN FOR WALKING & BICYCLING

SUSTAINABLE JERSEY FOR SCHOOLS- 10 points









School Travel Plan for Walking and Biking Overview:

- Maps out how to improve pedestrian and bicycle travel to and from school to increase students to walk and bike to school and to improve safety.
- Detects where students currently walk and bike.
- Identifies where students would walk and bike if they could.
- Recognizes changes needed so that students can and will walk and bike to school.
- Enables the community to identify some short-term and long term improvements in neighborhood accessibility.

Note: In order to earn points for this action, a plan must have been completed or updated within the last three years.





School Travel Plan for Walking and Biking Benefits:

- Identifies safer routes for students to walk and bicycle.
- Highlights improvements to routes to increase students walking and bicycling to school.
- Creates and strengthens partnerships between the school and the community.
- Generates ideas and actions on encouraging walking & bicycling to school.
- Builds community & school excitement and involvement for Safe Routes to School programs.
- Contributes towards achieving silver level NJ Safe Routes to School Recognition.
- Makes applications for Safe Routes to School grants stronger by demonstrating a connection between goals, actions and targets.
- Achieves extra points for submitting School Travel Plans in the submission for infrastructure grant funding when applying for New Jersey Department of Transportation grants.





Leadership and Involvement – Leaders:

- PTO/PTA Representative
- Principal
- Teacher/School Staff
- Local Bike/Pedestrian Advocate
- School Board member
- Safe Routes to School Coordinator







Leadership and Involvement - Members:

- Parents/ students/ teachers/staff
- School staff (PE teachers, nurses)
- School Administrators
- Local Municipal Officials
- Municipal engineers/planners
- Law Enforcement Officers
- Crossing Guards
- Local Businesses
- County Representatives
- Advocates from community organizations (health and wellness, bike/pedestrian, green teams, etc.)
- Members of neighborhood associations or groups







Timeframe:

- 1-2 months for a simple travel plan.
- 6-12 months for a comprehensive travel plan with recommendations and guidelines.



Note** The time to complete this action will vary depending on the extent and complexity of the School Travel Plan. The complexity of the School Travel Plan will be determined in part by the school population and need.





Cost and Resource Requirements:

- Project resources will depend on school needs.
- Project team members from the community who volunteer their time to the project will facilitate the development of school travel plan at little or no cost.
- Free technical assistance from <u>Safe Routes to School</u> <u>Coordinators</u> is available.







School Travel Plan for Walking and Biking Implementation:

- 1. Identify:
 - Where students currently walk and bike.
 - Where students would walk and bike if they could.
 - What changes need to be made so that students can and will walk and bike to school.







School Travel Plan for Walking and Biking Implementation (continued):

- 2. Implement Walk and Bike Assessments
 - These are tools to help schools, parents, students, and community members identify barriers that make it difficult or dangerous for children to walk or bike to school.
 - The results of the assessments are the first steps in drafting a School Travel Plan.
 - These assessments evaluate the sidewalk, road and neighborhood conditions around the school, and identify key safety improvements that can make walking and bicycling safer.







School Travel Plan for Walking and Biking Implementation Requirements:

In order to complete your travel plan, it must contain the six elements highlighted below:

1. School Description and Working Groups and Partnerships

Includes name of the school, address, county, grades serviced, and number of students attending.

(Additional information such as a description of the school (e.g., magnet school) and any special needs would be helpful to include in the school description)

2. Map of your School Neighborhood

- Prior to the Walk/Bike assessments, it is important to obtain two maps of the school neighborhood for evaluation: a school neighborhood map and a school site map
- 3. Walk/Bike Assessments
 - Schedule a date and time to perform the assessment, preferably average school days during the times when children will be traveling to school





School Travel Plan for Walking and Biking Implementation Requirements (continued):

In order to complete your travel plan, it must contain the six elements highlighted below (continued)

- 4. Walk/Bike Barriers and Opportunities
 - Identify the barriers and opportunities of walking and biking to school

(e.g. exploration of school policies, parental attitudes, and concerns)

- 5. Goals and Actions
 - To be tailored to your school's situation and needs, long-term and contain specific targets as well as actions that can be taken to achieve them

(The Goals and Action Plan Template (available on saferoutesnj.org) may be helpful in organizing the goals and process of your School Travel Plan)

- 6. <u>Evaluation</u>
 - To be completed each year while walking and bicycling the routes in order to check the quality of the surrounding neighborhood's infrastructure

(Measurements might include: periodic walk and bike assessments, student travel mode tallies, parent surveys, evaluation of walk and bike events)





School Travel Plan for Walking and Biking Documentation Submission Requirements:

In order to earn points for this action, the following documentation must be submitted as part of the online certification:

- 1. Description of Implementation
 - In the text box provided on the submission page for this action, please provide a short narrative (300 words or less) of what has been accomplished and the impact it has or will have on the school community
- 2. Uploaded copy of the complete School Travel Plan
 - The plan MUST include the six elements (1) school description and working groups and partnerships (2) maps of the school neighborhood; (3) walk/bike assessments; (4) walk/bike barriers and opportunities (5) goals and actions and (6) evaluation. The School Travel Plan should include supporting maps, pictures and images.

Note**Approved actions will be set to expire three years from the date the School Travel Plan for Walking and Biking was completed. To reapply for this action, the plan must be revised/reassessed based on current conditions.





School Travel Plan for Walking and Biking Spotlight:

Highland Park Schools (Middlesex County)

Highland Park School Travel Plan

Egg Harbor City: Charles L Spragg Elementary and Egg Harbor Community School (Atlantic County) Egg Harbor City School Travel Plan

Trenton: Hedgepeth-Williams Middle School and Paul Robeson Elementary School (Mercer County) <u>Trenton Hedgepeth-Williams Middle School Travel Plan</u>

Please visit <u>http://www.saferoutesnj.org/resources/stp/school-travel-plans/</u> for more examples.





School Travel Plan for Walking and Bicycling Resources:

Safe Routes to School Coordinators: can provide expertise and guidance regarding your Safe Routes to School program and organizing and implementing a School Travel Plan.

www.saferoutesnj.org/about/regional-coordinator-tmas/

New Jersey Safe Routes to School Resource Center: assists public officials, transportation and health professionals, and the general public in creating a safer and more accessible walking and bicycling environment through primary research, education, and dissemination of information about the best practices in policy and design

http://www.saferoutesnj.org/

Transportation Management Associations: are non-profit organizations that work with businesses, commuters, county and local governments, and state agencies to implement programs that reduce traffic congestion and improve air quality.

http://tmacouncilnj.org/

