

# A lifetime of being active begins on the way to school!

Walking and bicycling to school are great ways to make physical activity part of the daily routine. Kids arrive ready to learn. More physical activity correlates to higher academic achievement, and it's a healthy habit for the entire family.



## NJ Safe Routes to School

is a statewide initiative to enable and encourage students to safely walk and bicycle to school.

### Why?

Walking and bicycling to and from school offer our children and environment a wide range of benefits including:

- Less roadway congestion
- Less gasoline consumption
- Cleaner air
- Healthier and happier children!!

### We can help!

The NJ Safe Routes to School Resource Center helps schools and communities find solutions to create safer walking and bicycling environments for our children.

Use the online resources offered by the NJ Safe Routes to School Resource Center at [saferoutesnj.org](http://saferoutesnj.org)

- Visit our blog "Safe Routes Scoop."
- Get advice and assistance.
- View tools and resources.
- Help connect with your local Regional Coordinator for *free* technical assistance to kick off Safe Routes programs.

### Contact:

NJ Safe Routes to School Resource Center  
[srts@ejb.rutgers.edu](mailto:srts@ejb.rutgers.edu)  
(848) 932-7901

### Goal

Get more students walking and bicycling where it is safe, and where it is not safe, make it safe to walk and bike to school.

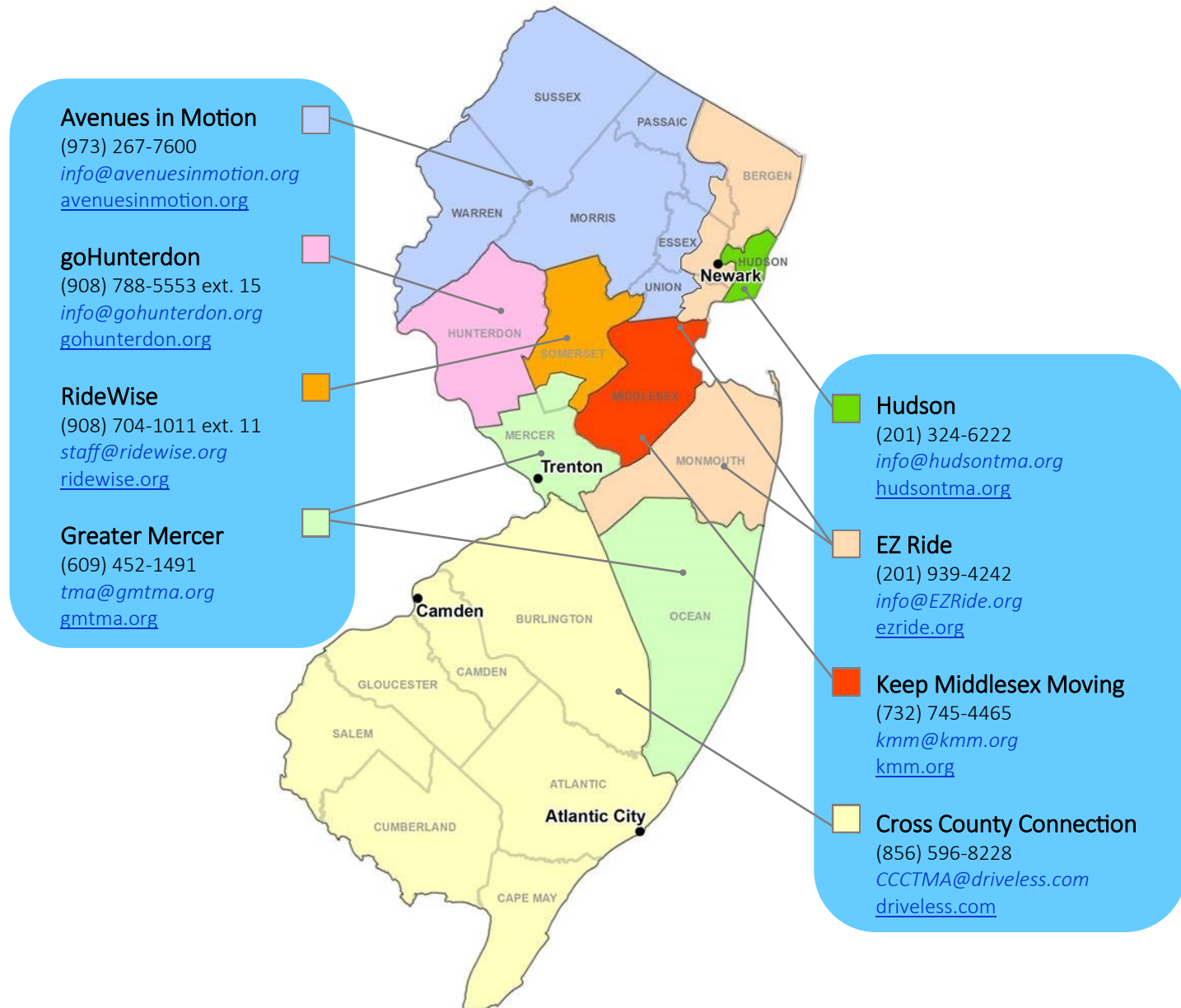


NEW JERSEY  
**SafeRoutes  
to School**



[saferoutesnj.org](http://saferoutesnj.org)

# Find Your Safe Routes to School Regional Coordinator



Safe Routes to School Regional Coordinators offer **free** assistance with:

- Walk and bike to school events
- Bicycle and pedestrian safety education
- School travel plans
- Walk and Bike assessments/audits around schools
- Safe Routes to School Recognition Program applications
- Supportive policies for walking, bicycling, and Complete Streets

In partnership with New Jersey's Safe Routes to School Resource Center, Safe Routes to School Regional Coordinators at the state's eight Transportation Management Associations are ready and willing to offer **free** advice and assistance in getting Safe Routes to School programs off the ground in schools and communities throughout all 21 counties in New Jersey.

Contact the Safe Routes to School Regional Coordinator in your area and get started!

